



THE ASSOCIATION OF
COUNSELLING THERAPY
OF ALBERTA

SELF-ASSESSMENT TOOL FOR THOSE WORKING IN ADDICTIONS

Will I be Required to Register with the College of Counselling Therapy of Alberta (CCTA)?

It is important to determine if you are required to register with the College of Counselling Therapy of Alberta since there are many supportive roles that are not required to be regulated. Many individuals and unregulated providers work with vulnerable populations and often establish relationships intended to support the health, well-being, and recovery of individuals struggling with addictions without performing the scope of practice of an Addiction Counsellor. **It is important to note, only providers who perform the scope of practice of an Addiction Counsellor and have acquired the competencies of an Addiction Counsellor are required to regulate with the CCTA.** This tool is intended to help you self-assess to determine if you must be regulated as an Addiction Counsellor in Alberta.

Learn more at acta-alberta.ca

Are you working within the scope of practice of an Addiction Counsellor?

In their practice, addiction counsellors do one or more of the following: (a) within a counselling relationship, assess, guide, support and treat individuals or groups of individuals with addictions to enhance, maintain and promote health and wellness; (b) engage in education with respect to the practice of addiction counselling; (c) engage in research related to the practice of addiction counselling; (d) provide restricted activities authorized by the regulations.

Mental Health Services Protection Act, December 11, 2018

